

Kids Writing Club Week 13

How do you describe being angry?

Some common descriptors of **anger**:

- Red in the face
- Huffing and puffing
- Tightened fists
- Heart racing
- Piercing eyes
- Frowning
- Clenching teeth

One way to help you describe anger is to imagine a common scenario. For example:

“I was playing outside when suddenly, my sister bumped into me and pushed me into the ground. I could feel _____.”

How would you feel if this happened to you?

Would you clench your teeth?

Would you feel your face getting hot?

See if you can come up with more actions or feelings associated with
being angry!